

Working Together – A Game for Two

“Giving connects two people, the giver and the receiver and this connection gives birth to a new sense of belonging.” Deepak Chopra

Purpose of the process:

It has been said that all conflict emanates from a conflict in values. To reach a deeper understanding of the conflict requires a different point of view or a paradigm shift. Achieving this shift doesn't have to be a win-lose result – I win you lose perpetuates a conflict or creates a new one. A different and sometimes third alternative view (something other than just yours or mine) does not need to focus on heavily weighted compromises by only one party.

This process is designed to bring two differing points of view together to form a new one that is workable for both parties thus allowing communication to flow openly and easily about underlying differences that are preventing two people to connect. The result is a new and improved understanding of one another's point of view.

Lay all the cards out face down on the playing surface between you. Thinking about the issue in common select one card each and read them aloud to each other. Explore the questions and each other's response. Repeat the process using as many cards as you like.

A few tips for this process...

- Participate totally. Play with the opportunity to respond differently and give yourself permission to just be in the moment. Your cooperation will create intimacy, transforming the encounter into a deep and authentic one.
- Try selecting cards for each other, carefully explaining why you are drawn to a particular card. Thoroughly explore the meaning of the card allowing the other person to express themselves fully.
- Respect one another's space and beliefs. The intention should be one of openness and respect. You are attempting to understand someone else not force your opinion upon them.

Continue to select cards, exploring their meaning and significance as they relate to the issue and possible new ways to a resolution.

The final step in this process is to review all of the cards selected, choose one that represents the most significant part of the problem or difference. Then select one that represents a new and mutual way of working together in the future.

Find your third point – not mine, not yours but a new way to relate – one that will provide mutual respect for each other's Point of You

Looking at the 2 cards selected:
Question 1

How do these cards relate to or connect our differences?

Refer to the Coaching Book and read one another stories and quotes.

Looking at the next 2 cards selected: Question 2
How do these cards make a difference?

Refer to the Coaching Book and read one another stories and quotes.

Looking at the next 2 cards selected: Question 3
What are our options?

Create an action plan!

Refer to the Coaching Book and read one another stories and quotes.